



Special Olympics BC – Vernon Sport Programs 2017 – 2018









Annual Registration Fee \$5










SOBC Vernon Registration Form:

You must hand in a 2017-18 registration form before you can start any sport

SOBC Registration Forms:

New Athletes must complete a Special Olympics BC Registration Form

	When?	Where?	Season	
 <p>Alpine Skiing</p>	Saturdays 9 AM – noon	Silver Star Mountain	Novice & Advanced: Jan to March 2018	Must purchase an annual ski pass (subsidized). Must be able to ski. Need own equipment.
 <p>Basket ball</p>	Mondays 6 – 7:15 PM	Alexis Park Elementary School	October 2 to March 12, 2018	
 <p>Bocce</p>	Saturdays 2 – 4 PM	Polson Park	April 14 to June 23, 2018	
 <p>Bowling</p>	Saturdays 1:30 – 4 PM	Lincoln Lanes	September 16 to March 17, 2018	\$6 each week for 3 games No charge for bowling shoe rental
 <p>Club Fit</p>	Tuesdays Level 1: 6 – 7 PM Level 2: 7 – 8 PM	Alexis Park Elementary School	October 3 to March 13, 2018	Fitness Program and Dry-land Training
 <p>Cross -Country Skiing</p>	Tuesdays 6 – 7:30 PM	Sovereign Lake	December to March 2018	Equipment available to rent for \$5 .
 <p>Curling</p>	Thursdays 4 – 5 PM	Vernon Curling Club	October 5 to March 15, 2018	Helmets recommended. Aids available.
 <p>Floor Hockey</p>	Wednesdays 6 – 7:30 PM	Alexis Park Elementary School	October 11 to March 14, 2018	Bring your own helmet

 Golf	Tuesdays 6:30 – 7:30 PM 6 – 7 PM	Spallumcheen Golf Course Vernon Golf Club	May 8 to June 26, 2018	Bring your own golf clubs
Power Lifting 	Sundays 2 – 3:30 PM	Fitness West	October 15 to March 11, 2018	
 Softball	Mondays 6 – 8 PM	DND Fields	April 9 to June 18, 2018	Bring your own glove
Soccer 	Wednesdays 6 – 8 PM	Vernon Athletic Park	April 13 to June 27, 2018	Wear soccer shoes and shin pads
 Snowshoeing	Fridays 9:30 -11am	Sovereign Lake	November 25 to March 10, 2018	Snowshoes available
Swimming 	Sundays Swim Club: 10 -11AM Swim Team: 11- 12	Vernon Recreation Centre	October 15 to April 1, 2018.	
 Athletics Track & Field	Thursdays 6 to 8 PM	Vernon Athletics Park	April 5 to June 28, 2018	
7 – 12 year olds FUNdamentals 	Tuesdays 4:30 – 5:30 PM	Alexis Park Elementary School	January 8 to March 12, 2018	Introduction to Sport
 T-Ball	Monday 6-7:30 PM	Grahame Park/Fulton	April 16 to June 18, 2018	Bring your own glove

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